

UNDERSTANDING PRINCIPLES FOR BETTER LIVING CHURCH

UP CHURCH

FOUNDED BY REVEREND DR. DELLA REESE LETT

"let us love you up"



**BREAK EVERY
CHAIN**

and be free!

Lent 2020!

*Reverend Sherri James, Senior Minister
Reverend Sheree Thompson, Assistant Minister*

600 W. Queen Street, Inglewood 90301 310-412-7729

Sunday Service begins at 1pm

upchurch.org

upchurch@upchurch.org

Order of Service

CALL TO WORSHIP

PRAISE AND WORSHIP

OPENING PRAYER

OUR VISION

GUIDED MEDITATION

Includes One Minute of Silence

WELCOME

DAILY INSPIRATION READING

AFFIRMATION OF POWER

I am a manifestation of God, and every moment His life, love, wisdom, and power flows into and through me! I am one with God, and I am governed by His law.

LENT 2020 TESTIMONY TIME

MUSIC SELECTIONS

LESSON SERMON

MUSIC SELECTIONS

TITHES & OFFERINGS

ANNOUNCEMENTS

BENEDICTION + CLOSING PRAYER

Prayer of Protection

The light of God surrounds us.

The love of God enfolds us.

The power of God protects us.

The presence of God watches over us.

Wherever we are, God is.

LENT 2020: BREAK EVERY CHAIN AND BE FREE

TITLE: PUT ON THE WHOLE ARMOR OF GOD

SCRIPTURE

Ephesians 6:10-20

Finally, be strong in the Lord and in the strength of his power. Put on the whole armor of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places.

LESSON POINTS

Point #1

There is a _____ waging in your mind for which thought will get your attention.

Point #2

Your deepest _____ is coming for your attention. What will you send to meet _____?

Point #3

Putting on the _____ is the realization that the omnipresent Spirit of good is our resource and that we have nothing to fear when we trust in and are guided by Spirit.

Point #4

_____ defeats all fear.

Lesson Sermon

ANNOUNCEMENTS

52-Week Building Fund - Week 12 = \$12 Upcoming Activities

- Apr. 5 Palm Sunday
- Apr. 12 Easter Sunday
- Apr. 19 Annual Meeting

Postponed Activities

- Mar. 14 New Member Orientation
- Mar. 15 Spiritual Baptism
- Mar. 29 Fitness Sunday
- Apr. 18 UP Church Health Fair 8a -4p
- Apr. 19 Annual Meeting

Join our Lent 2020 Experience - Only \$50

Your Toolkit Includes:

- **Daily** Breakthrough Calls
- Weekly Toolkit
- MP3s of Sermons
- Bracelet
- Private Facebook Group
- Online Classroom
- AND at the end of Lent, you you will receive a published copy of *Break Every Chain and Be Free* by Rev. Sheree Thompson!

Or you can join Breakthrough Calls for only \$25
Register online!

Join our Spiritual Education Classes

Sunday mornings at 11 a.m.

* Basic Truth Principles 2 - Lessons In Truth

Sunday afternoons from 3-4:30pm

* Peace Within Yourself

Give Using Your Bank Card

Tithes, Offerings and Purchases

Text To: 73256

Message: UPCHURCH

Follow the prompts.

Mid-Week Prayer and Study

Thursdays at 6pm—Mastermind Prayer

Dial: 712-770-4160 Code: 616712#

Thursdays at 7pm—Metaphysical Bible

<https://zoom.us/j/3012523559>

Saturdays 10:30 am—Prayer Claim Call

Dial: 712-770-4940 Code: 856039

BIRTHDAYS

Liz Fletcher 3/5, Nina Milligan 3/11, Pride Smith 3/13, Saba McKinley 3/19, Earlene Jones Ridley 3/20, Patti Henley 3/26, Dominique Ulloa 3/28

3/22/2020

Ministerial Staff

Rev. Sherri James, Sr. Minister

Rev. Sheree Thompson, Asst. Minister

Board of Directors

Rev. Sherri James, Gena Davis, Angela Jones, Carroll Kimble, Gerald Kimble, Margrette Peterson, Angela Seymour, Linda Small, Jack Roberts

Teaching Staff

Rev. Sheree Thompson (Director), Rev. Sherri James, Angela Jones, Barbara Kimble, Tommie Milner, John Downey & Danna Kiel

Teachers in Training: Jack Roberts, Saba Roberts, Linda Small & Phe Yizar

Worship Team

Director: Noriko Olling-Wright

Vocals: Patti Henley, Dominique Kent, Krystal Simpson, Kam Talbert, Mikhail Thompson

Drummer: Chad Wright

Choir Director: Bob Henley III

Prayer Chaplains

John Downey, Patti Henley, Rev. Sherri James, Earlene Jones-Ridley, Tommie Milner, Linda Smalls, Lucky Spann, Sheri Tademy-Davis, Rev. Sheree Thompson

Guest Services

John Downey, Shawnise Hooper, Geneva Kent, Margrette Peterson, Ruth Porter, Lindy Reesemeyer Linda Small, Raykel Tolson, and Amelia Walker

Want to join or start a team?

Email RevSherri@UpChurch.org



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UP Church LOVE



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