

UNDERSTANDING PRINCIPLES FOR BETTER LIVING CHURCH

UP CHURCH

FOUNDED BY REVEREND DR. DELLA REESE LETT

"let us love you up"



**BREAK EVERY
CHAIN**

and be free!

Lent 2020!

Reverend Sherri James, Senior Minister
Reverend Sheree Thompson, Assistant Minister

600 W. Queen Street, Inglewood 90301

Sunday Service begins at 1pm

310-412-7729

upchurch.org

upchurch@upchurch.org

Order of Service

CALL TO WORSHIP

PRAISE AND WORSHIP

OPENING PRAYER

OUR VISION

GUIDED MEDITATION

Praise Dance

WELCOME

LENT 2020 TESTIMONY TIME

MUSIC SELECTIONS

LESSON SERMON

MUSIC SELECTIONS

TITHES & OFFERINGS

ANNOUNCEMENTS

BENEDICTION + CLOSING PRAYER

Prayer of Protection

The light of God surrounds us.

The love of God enfolds us.

The power of God protects us.

The presence of God watches over us.

Wherever we are, God is.

LENT 2020: BREAK EVERY CHAIN AND BE FREE

TITLE: TRUE REST COMES THROUGH FRUITFULNESS

SCRIPTURE

Genesis 2:1-4

LESSON POINTS

Point #1

There's a difference between _____ and _____. Sleep is what you do at night. Rest _____ you.

Point #2

The true sabbath is a state of _____
_____.

Point #3

Rest does not depend on _____
_____. Inner peace is a
_____.

Jesus' Rest Tip #1- Process Your Grief

All change brings gifts; but you cannot access the gifts until you process the grief.

Jesus' Rest Tip #2 - Forgive, Forgive, Forgive

Forgiveness is the key that opens the door of the prison that you unknowingly closed upon yourself.

Jesus' Rest Tip #3 - Handle Your Doubts

Collapse the distance between where you are and where you desire to be.

Jesus' Rest Tip #4 - Take Right Action

Your divine assignment is too important for you to leave the net on the wrong side of the boat.

Jesus' Rest Tip #5 - Duplicate yourself

The rest that feels like sweet peace can only
_____ if _____

Lesson Sermon

ANNOUNCEMENTS

52-Week Building Fund - Week 15 = \$15

Upcoming Activities

Apr. 19 Annual Meeting

Postponed Activities

Mar. 14 New Member Orientation

Mar. 15 Spiritual Baptism

Mar. 29 Fitness Sunday

Apr. 18 UP Church Health Fair 8a -4p

Apr. 19 Annual Meeting

Join our Lent 2020 Experience - Only \$50

Your Toolkit Includes:

- **Daily** Breakthrough Calls
- Weekly Toolkit
- MP3s of Sermons
- Bracelet
- Private Facebook Group
- Online Classroom
- AND at the end of Lent, you you will receive a published copy of *Break Every Chain and Be Free* by Rev. Sheree Thompson!

Or you can join Breakthrough Calls for only \$25

Register online!

Join our Spiritual Education Classes

Sunday mornings at 11 a.m.

* Basic Truth Principles 2 - Lessons In Truth

Sunday afternoons from 3-4:30pm

* Peace Within Yourself

Give Using Your Bank Card

Tithes, Offerings and Purchases

Text To: 73256

Message: UPCHURCH

Follow the prompts.

Mid-Week Prayer and Study

Thursdays at 6pm—Mastermind Prayer

Dial: 712-770-4160 Code: 616712#

Thursdays at 7pm—Metaphysical Bible

<https://zoom.us/j/3012523559>

Saturdays 10:30 am— Prayer Claim Call

Dial: 712-770-4940 Code: 856039

BIRTHDAYS

Sherry Milligan 4/1, Erin Kimble 4/4,
Kalina Talbert 4/4, Andrew Kimble 4/8,
Jack Roberts 4/11, Toni Thomas 4/19, Ali
Kiel 4/25, Mary Jo White 4/26, Lelia Harris
4/29

Ministerial Staff

Rev. Sherri James, Sr. Minister

Rev. Sheree Thompson, Asst.Minister

Board of Directors

Rev. Sherri James, Gena Davis,
Angela Jones, Carroll Kimble, Gerald
Kimble, Margrette Peterson, Angela
Seymour, Linda Small, Jack Roberts

Teaching Staff

Rev. Sheree Thompson (Director), Rev.
Sherri James, Angela Jones, Barbara
Kimble, Tommie Milner, John Downey &
Danna Kiel

Teachers in Training: Jack Roberts,
Saba Roberts, Linda Small & Phe
Yizar

Worship Team

Director: Noriko Olling-Wright

Vocals: Patti Henley, Dominique Kent,
Krystal Simpson, Kam Talbert, Mikhail
Thompson

Drummer: Chad Wright

Choir Director: Bob Henley III

Prayer Chaplains

John Downey, Patti Henley, Rev.
Sherri James, Earlene Jones-Ridley,
Tommie Milner, Linda Smalls, Lucky
Spann, Sheri Tademey-Davis, Rev.
Sheree Thompson

Guest Services

John Downey, Shawnise Hooper,
Geneva Kent, Margrette Peterson,
Ruth Porter, Lindy Reesemeyer Linda
Small, Raykel Tolson, and Amelia
Walker

Want to join or start a team?

Email RevSherri@UpChurch.org



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Join our Group:
UP Church LOVE



Get our weekly newsletter!
<http://eepurl.com/cq2YTT>



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